

GIRLS' ELITE

2020-21 SEASON

BY THE NUMBERS

COMPARING NORMAL SEASON TO 2020-21

NORMAL SEASON



2020-21 SEASON

SEASON LENGTH

6.5 Months; Dec - Jun

SEASON LENGTH

6.5 Months, Split Season

The 2020-21 Season will be split into two segments running from mid-September through mid-February, taking a break for the IHSA season, and then returning May through mid-June. **The season length is virtually the exact same amount of time as previous years.**



TRAINING PROGRAM

25 Weeks; 157 Hours

TRAINING PROGRAM

25 Weeks; 156 Hours

The training hours for the 2020-21 season are nearly exact to last season's plan. The training hours do not include 16 additional in-house scrimmage hours on the weekends Sep-Dec. **Courtney DeBolt-Slinko** returns as our Technical Director. 4 new courts this season.



STRENGTH PROGRAM

3 Days/Week; 72 Hours

STRENGTH PROGRAM

3 Days/Week; 76 Hours

Similar to the Training Time, the 2020-21 schedule will actually allow for a 4 additional hours at Oak Strength in our Sparta Science Strength & Conditioning program. These hours are in addition to the volleyball-specific Training Time. Oak Strength is expanding by 8,800 sq. ft.



RECRUITING SUPPORT

Full Season

RECRUITING SUPPORT

Enhanced Full Season

In response to the recruiting challenges created by the pandemic, we are **ADDING** livestreaming/recording of scrimmages and scheduled in-person visits from Lauren, Mikaela or Peter. This is in addition to our normal support services throughout the season.



TOURNAMENT DATES

24-28 Dates; 10-12 Events

TOURNAMENT DATES

TBD Dates; TBD Events

We are preparing for 15 Dates/6 Events Dec-Feb. Additionally, we are preparing for 11 Dates/4 Events including AAU Nationals May-Jun. 26 Dates/10 Events total in 2020-21 including 3-4 overnight Exposure Events. **ALL tournament entry fees will be INVOICED SEPARATELY.**



UNIFORM PACKAGE

New Player = \$310

UNIFORM PACKAGE

New Player = \$195

We have worked closely with Mizuno to assist our families with the financial burdens created by the pandemic. Players will only need to have the 3 jerseys, 2 spandex. Items such as shoes, backpack, warm-up, etc. will be available as optional purchases this season.



SEASON DUES

U12-U14 = \$2400

U15-U18 = \$2900

5 installments

SEASON DUES

U12-U14 = \$2050

U15-U18 = \$2450

13 installments

Based on the fact that we will enter/invoice events as we receive clearance to do so, we have lowered the total fees for the season. We anticipate that if we are able to attend ALL planned events that the dues will be similar to last season. Additionally, we have added more installments to protect our families from a shutdown during the season.