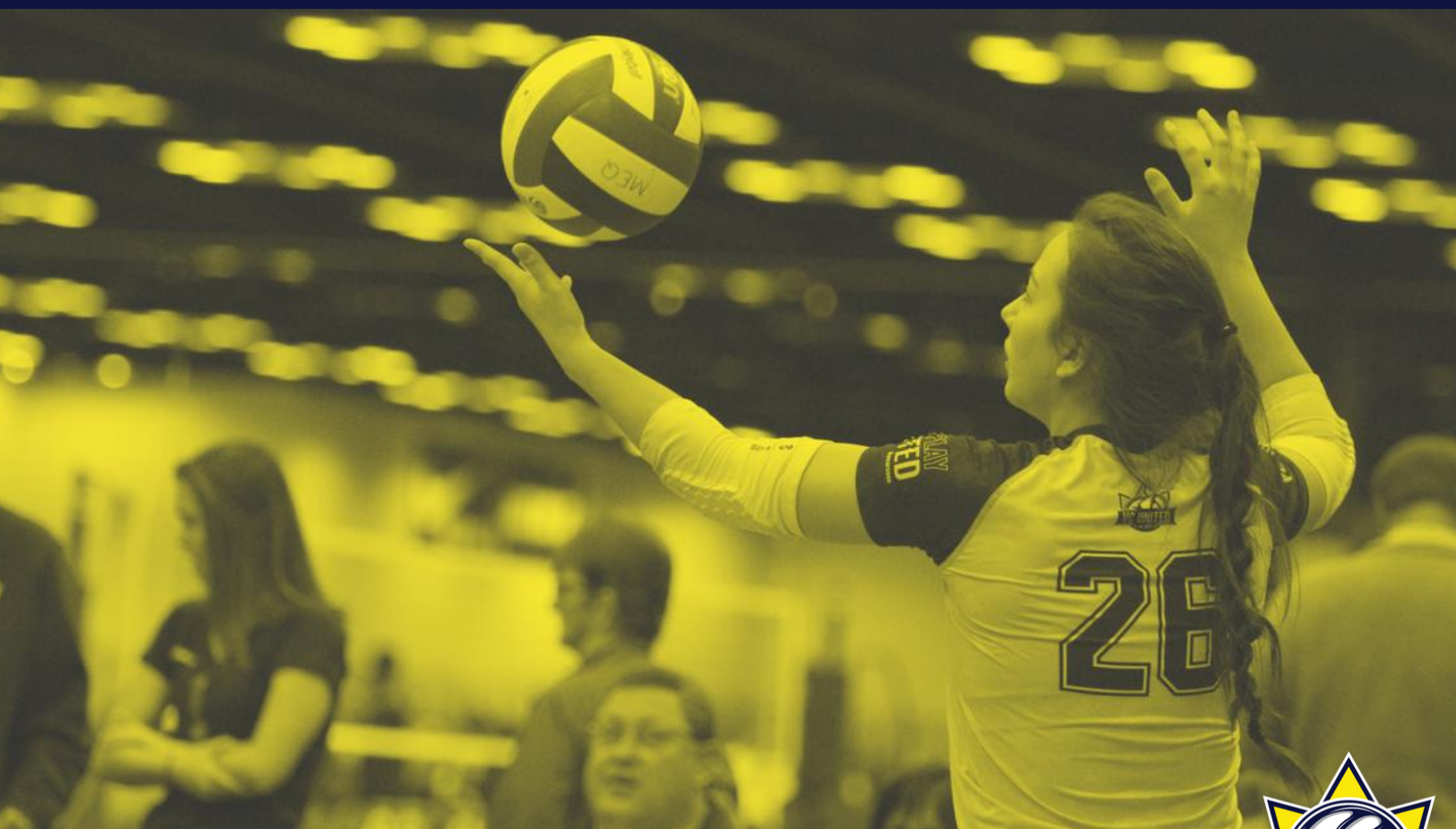


2020-2021 GIRLS' CLUB SEASON SEASON INFORMATION PACKET

LAST UPDATED: TUESDAY, AUGUST 11TH @ 9:30PM

RETURN TO PLAY - MAKING YOUR SAFETY A PRIORITY



CREATED BY VC UNITED STAFF
USING RESTORE ILLINOIS (PHASE 4) AND JVA VOLLEYBALL GUIDELINES



LETTER FROM DIRECTOR

2020-21 Season - Return To Play - Making Your Safety A Priority

To all returning and new VC United players and their families ...

I want to personally welcome all of you and thank you for considering VC United during these difficult and unprecedented times. When Governor Pritzker and the IHSA made their announcements on Wednesday, July 29th, it sent shockwaves well beyond our small volleyball community. My staff and I have been working feverishly to put together a plan for our players to "Return To Play" as we make dramatic shifts in our template for a normal club season.

As I mentioned in my Facebook Live video last week, I believe there is a way to conduct a club volleyball season under these conditions. Our first priority is to take every reasonable step to ensure that our players and their families are safe. I think it is important to note that we conducted seven weeks of Girls' Elite practices and had over 600 registrations for our camps and Group Lessons during June and July. To our knowledge, we did not have a single COVID case enter or leave our gym. We will continue to take the extraordinary measures in our facility and amongst our staff to create the safest environment possible.

Like many of you, I have two teenagers at home. They are ready to get back to life. While it is clear that we are far from returning to normal, we do feel we can be part of the solution right now for our athletes to train, compete, socialize, and grow as players and young adults. Beyond the developing their game, we hope we can help our athletes overcome the day to day challenges of navigating life during a pandemic.

Our plan is unique. We realize there are other organizations that are trying to return to normal and are advertising as such. We simply don't believe normal is possible. Our approach is to be adaptable, support our athletes, find creative solutions, and consider our families and their unique circumstances every step of the way. We hope you will appreciate our approach and consider VC United this season.

Thank you,

Eric Schulze
Executive Director

2020-21 GIRLS' TRYOUTS

2020-21 Season - Return To Play - Making Your Safety Our Priority

TWO WAYS TO TRYOUT FOR THE 2020-21 SEASON

PLAYERS SHOULD ONLY CHOOSE ONE; WE HAVE NO PREFERENCE WHICH "TRYOUT" A PLAYER ATTENDS

WHY TRYOUTS?

Even though we anticipate that the early sessions will be in-house leagues, we need to accomplish two goals with our tryouts. First, to create a competitive training environment with players of similar ability and objectives. Second, is to be in a position to quickly move to teams/tournament play when Illinois determines it is safe to do so.

AGE GROUPS

USA Volleyball and AAU Volleyball have changed the birthdate cutoff starting with the upcoming season.

U18 Girls Born 7/1/2001-6/30/2003

U17 Girls Born 7/1/2003-6/30/2004

U16 Girls Born 7/1/2004-6/30/2005

U15 Girls Born 7/1/2005-6/30/2006

U14 Girls Born 7/1/2006-6/30/2007

U13 Girls Born 7/1/2007-6/30/2008

U12 Girls Born 7/1/2008-6/30/2009

U11 Girls Born 7/1/2009-6/30/2010

U10 Girls Born 7/1/2010-6/30/2011

**When possible we will allow players to play "up" with their current grade level.*

MAKE-UP DATE

Make-Up Date: Saturday, Sep 5

If you are unable to attend the scheduled tryout date for your age, please register "normally" online and indicate on your registration form that you will attend the Make-Up.

EVALUATION CAMP

Attend our Evaluation Camp in August to receive an extended tryout evaluation while checking out VC United. Players will be evaluated and receive their offer on **September 4th**. Players attending the Pre-Tryout Camp **DO NOT** attend or register for the Standard Tryout.

U18-U17

AUG 19, 23, 26, 30

WED/SUN 7:45-9:45

COST: \$120

U16

AUG 19, 23, 26, 30

WED/SUN 5:30-7:30

COST: \$120

U15

AUG 17, 20, 24, 27

MON/THU 7:45-9:45

COST: \$120

U14

AUG 17, 20, 24, 27

MON/THU 5:30-7:30

COST: \$120

U13

AUG 18, 21, 25, 28

TUE/FRI 5:30-7:00

COST: \$105

U12-U10

AUG 18, 21, 25, 28

TUE/FRI 5:30-7:00

COST: \$105

OR

STANDARD TRYOUT

Cost: \$30

Deadline: 1 Day Prior to Tryout

U18 GIRLS SEP 3 (THU) 7:45PM-9:45PM

U17 GIRLS SEP 3 (THU) 7:45PM-9:45PM

U16 GIRLS SEP 2 (WED) 7:45PM-9:45PM

U15 GIRLS SEP 1 (TUE) 7:45PM-9:45PM

U14 GIRLS SEP 1 (TUE) 5:15PM-7:15PM

U13 GIRLS SEP 2 (WED) 5:15PM-7:15PM

U12 GIRLS SEP 3 (THU) 5:15PM-7:15PM

U11 GIRLS SEP 3 (THU) 5:15PM-7:15PM

U10 GIRLS SEP 3 (THU) 5:15PM-7:15PM



REGISTER ONLINE AT WWW.VCUNITED.CLUB/GIRLS-CLUB



- ALL PLAYERS MUST PRE-REGISTER ONLINE; NO WALK-UP REGISTRATIONS
- PLAYERS MAY NOT ENTER UNTIL DESIGNATED TIME IN EMAIL CONFIRMATION
- PARENTS MAY NOT ENTER THE FACILITY; NO SPECTATORS
- PLAYERS MUST LEAVE FACILITY IMMEDIATELY FOLLOWING TRYOUT

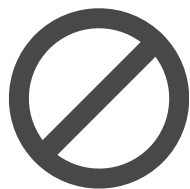
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RESTORE ILLINOIS PLAN

2020-21 Season - Return To Play - Making Your Safety A Priority



1 LEVEL 1

No-contact practices, and trainings only; Translation: We can conduct modified practices using the Restore Illinois Phase 4 Guidelines, but cannot hold scrimmages. If we roll back to Level 1, we will contact families about our contingency plan.



2 LEVEL 2 - CURRENT

Intra-team scrimmages allowed, with parental consent for minors; no competitive play; Translation: With permission from parents we can conduct normal practices and in-house scrimmages within the club using the Restore Illinois Phase 4 Guidelines.



3 LEVEL 3

Intra-conference or Intra-EMS-region or intra-league play/meets only; Translation: We can conduct normal practices and begin participating in league play within the State of Illinois while adhering to the Restore Illinois Phase 4 Guidelines.



4 LEVEL 4

Tournaments, out-of-conference/league play, out-of-state play allowed; Translation: We can continue to conduct normal practices and play in larger exposure events outside the State of Illinois.

ON JULY 29TH, THE STATE OF ILLINOIS RELEASE AMENDED GUIDELINES FOR YOUTH SPORTS AND MOVED THE IHSA GIRLS' SEASON TO THE SPRING. VC UNITED HAS CAREFULLY REVIEWED THESE GUIDELINES AND CREATED THIS PLAN FOR THE UPCOMING SEASON.



- WE DO NOT HAVE ANY DIRECTION OR GUIDANCE ON WHEN OR HOW LEVELS ARE ADVANCED OR ROLLED BACK
- OUR PLAN WILL HAVE CONTINGENCIES FOR LEVEL CHANGES

CREATED BY VC UNITED STAFF
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COVID-19 ADJUSTMENTS

2020-21 Season - Return To Play - Making Your Safety A Priority

Beyond the changes used daily in our gym to mitigate the risks associated with COVID-19, we have made several major changes to the structure of our club season to assist our families with the challenges of the pandemic. These changes will be highlighted in our Parent/Player Handbook and Contracts/Agreements for the season.



1 SEASON CALENDAR

We are making a major adjustment to the schedule with us starting practices in September and ending in mid-February (Girls' Elite will return in May). There will be optional seasons for all of our programs next spring and summer. The season will be creatively scheduled to allow for In-House competition until we are able to compete in tournaments both regionally and nationally.



2 COVID-19 COMPETITION SCHEDULE

Special considerations for events and tournaments have been put in place as we continue to navigate the pandemic. The season will be divided into short segments with specific competition types associated with the levels designated in the Restore Illinois plan, including in-house league play early in the season.



3 COVID-19 UNIFORM PACKAGE

Due to the uncertain nature of the upcoming season we are modifying our Mizuno Uniform Package requirements for 2020-21. All players will receive Tryout and Practice T-Shirts. Players will **only be required** to purchase the jerseys and spandex for their program (if they don't already have). All players **must** also have a ball. Additional items (shoes, backpacks, warm-ups, etc.) will be optional.



4 COVID-19 CLUB DUES/FEES

We are putting in place a special fee structure for the 2020-21 season designed to protect our families from COVID-related issues. First, we have removed a portion of the dues that accounted for Tournament Entry Fees. Once the guidelines allow us to compete, those will be invoiced à la carte during the season. Second, we have spread the payments out on the 1st and 15th of every month that the season is running. Any payments during a "shutdown" will be removed from the plan.



5 WORKING WITH NEW HS SPRING SEASON

Our objective will be to work **with** the local High School programs in the area. Our regular season will end on February 14 or 15 for Elite, Premier and Regional. Elite will resume their season in May (after HS season ends). We **WILL** have an opt-in season for Elite players who want to attend high Exposure tournaments **IF** they are running **AND** recruiting is live. Extended seasons will be offered in the Spring and Summer for both Premier and Regional.

GIRLS' ELITE SEASON

COLLEGIATE PLAYER DEVELOPMENT

THE GIRLS' ELITE PROGRAM IS TO BE CONSIDERED BY ATHLETES WHO ARE LOOKING TO TRAIN AND COMPETE NATIONALLY AT THE HIGHEST LEVEL IN CLUB AND ASPIRE TO PLAY IN COLLEGE. TEAMS ARE TRAINED BY OUR MOST EXPERIENCED COACHES.

PROGRAM INCLUDES

- 3 Practices/Week
- International Roster Philosophy
- Player Development Focus
- Position Training Incorporated in All Practices
- Recruiting Support Program
- Sparta Science Strength Training
- Nutrition Guidance & Support
- Mental Training Program

NEW FEATURES THIS SEASON

- Expanding to 12 Court Facility to allow for growth and meet COVID guidelines
- Addition of livestreaming technology to allow select practices and all in-house league play to be recorded and streamed.
- Changes to Recruiting Support to adjust for COVID related challenges

WHAT'S NOT CHANGING?

- Full 6 1/2 month Club Season (split season)
- # of Practice Days (Weekly and Season)
- Technical Director lead Training Environment
- Recruiting Support with edited Highlight Videos
- 3 Days/Week of Strength Training w/Sparta Science
- Professionally Trained/Experienced Coaching Staff

WHAT'S CHANGING?

- **Season Calendar** - Split Season; Start in Fall, break for school, return for summer session
- **Competition Schedule** - We will play "In-House" events until allowed to play outside facility/club
- **Club Dues/Fees** - Adjusting Fees to account for uncertain schedule; a la carte tournament invoicing
- **Uniform Package** - Only requiring jerseys, spandex & ball; Shoes, backpack, warm-up, etc. optional
- **Opt-In Season** - If Exposure events and live recruiting occur players can opt-in to Spring Exposure

CLUB DUES/FEEES - COVID-19 ADJUSTMENTS

Age	Total	9/5	9/15	10/1	10/15	11/1	11/15	12/1	12/15	1/1	1/15	2/1	5/1	5/15
U15-U18	\$2450	\$230	\$185	\$185	\$185	\$185	\$185	\$185	\$185	\$185	\$185	\$185	\$185	\$185
U12-U14	\$2050	\$190	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155

- When the Guidelines allow, ANY Tournament Entry Fees will be invoiced à la carte when we register the team(s).
- If a "shutdown" occurs, future payments from that point forward will be paused. Payments will resume when we are allowed to continue. Any payments during a "shutdown" will be removed from the payment plan.

UNIFORM FEES

\$195 New Player
\$55 Returning Player*

*New White LS Jersey

INCLUDED ITEMS

- 2 Practice T-Shirts

"MUST HAVE" ITEMS

- 3 Jerseys & 2 Spandex
- Molten Volleyball

OPTIONAL ITEMS

- Shoes
- Backpack
- Fleece Jacket & Joggers
- Accessories & Fan Gear



- ULTIMATELY, THE MAJOR CHANGE FOR THE SEASON IS TOURNAMENT PLAY
- ADDITIONAL TRYOUTS WILL BE HELD PRIOR TO EACH SEASON SESSION TO FILL ANY OPEN OR VACATED ROSTER SPOTS DUE TO COVID-19.
- WE ENCOURAGE PLAYERS TO BE PART OF THE FULL SEASON

CREATED BY VC UNITED STAFF
USING RESTORE ILLINOIS (PHASE 4) AND JVA VOLLEYBALL GUIDELINES



GIRLS' ELITE SEASON

2020-21 Season - Return To Play - Making Your Safety A Priority

TENTATIVE SCHEDULE BASED ON PHASE 4 LEVELS

AGE GROUPS	U12 - U18	PRACTICE DAYS	MON/TUE/THU
STRENGTH	INCLUDED	U10-U14 TIMES	5:30P-8:45P
RECRUITING	INCLUDED	U15-U18 TIMES	6:30P-9:45P

REGULAR SEASON

Players accepting a position in the Elite Program should be prepared to participate in the following phases of the season. We will conduct tryouts for potential new players prior to each phase to fill any open or vacated roster positions related to COVID-19. We will offer a program Feb - May for players seeking to attend Exposure Events (see below).

IN-HOUSE MIXED LEAGUE

SEPTEMBER 14 - OCTOBER 18

MINIMUM LEVEL: 2

Players will be "drafted" onto mixed age teams that will practice weekly and scrimmage on Saturdays. Age Divisions For League: U15-U18, U13-U14, U12

INCLUDED EVENTS: 4 SINGLE DAY IN-HOUSE SCRIMMAGES*

IN-HOUSE POWER LEAGUE

OCTOBER 19 - DECEMBER 6

MINIMUM LEVEL: 2

In Session 2, players will be placed on their age specific teams and will practice weekly and scrimmage on Saturdays grouped by competitive level.

INCLUDED EVENTS: 3 SINGLE DAY IN-HOUSE SCRIMMAGES*

LEAGUE PLAY & EXPOSURE EVENTS

DECEMBER 7 - FEBRUARY 15

MINIMUM LEVEL: 3 or 4

We will prepare our teams for league play against other clubs. Teams will prepare for multi-day events on MLK Weekend and President's Day Weekend.

TENTATIVE EVENTS: 4 LEAGUE WEEKENDS, MLK, PRESIDENT'S DAY

NATIONALS PREP

MAY 3 - MID-JUNE

MINIMUM LEVEL: 4

Players will resume the regular season and begin preparing for Nationals with weekly practice, warm-up events, and AAU Nationals.

TENTATIVE EVENTS: 1 MULTI-DAY, PRE-NATIONALS, AAU NATIONALS

OPT-IN ONLY

Optional Season

HS BREAK/OPT-IN SPRING EXPOSURE

FEBRUARY 22 - MAY 2

MINIMUM LEVEL: 3 or 4

Not included in the regular season, players may opt-in to this special session designed to play at national-level exposure events. (Open to ALL Age Groups)

INCLUDED EVENTS: TBD - WILL BE AGE SPECIFIC

*IF WE ADVANCE TO LEVEL 3 OR 4, TOURNAMENTS MAY BE ADDED IN PLACE OF THE IN-HOUSE SCRIMMAGES

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USING RESTORE ILLINOIS (PHASE 4) AND JVA VOLLEYBALL GUIDELINES



GIRLS' PREMIER SEASON

SCHOLASTIC PLAYER DEVELOPMENT

THE GIRLS' PREMIER PROGRAM IS DESIGNED FOR ADVANCED PLAYERS FOCUSED ON EXCELLING IN THEIR MIDDLE SCHOOL OR HIGH SCHOOL PROGRAMS. THE PROGRAM IS A LOWER COST TRAVEL PROGRAM THAT PROVIDES EXCELLENT TRAINING.

PROGRAM INCLUDES

- 2 Practices/Week
- Conventional Roster Philosophy
- Player Development Focus
- Position Training Incorporated in All Practices
- Optional Strength & Conditioning Packages
- Optional Recruiting Support Package

WHAT'S NOT CHANGING?

- Full 4 1/2 month Club Season
- # of Practice Days (Weekly and Season)
- Technical Director Training Environment
- Professionally Trained/Experienced Coaching Staff

WHAT'S CHANGING?

NEW FEATURES THIS SEASON

- Expanding to 12 Court Facility to allow for growth and meet COVID guidelines.
- Addition of livestreaming technology to allow all in-house league play to be recorded and streamed.

- **Season Calendar** - Start in Fall and run through mid-February (until start of HS Season).
- **Competition Schedule** - We will play "In-House" events until allowed to play outside facility/club
- **Club Dues/Fees** - Adjusting Fees to account for uncertain schedule; a la carte tournament invoicing
- **Uniform Package** - Only requiring jerseys, spandex & ball; Shoes, backpack, warm-up, etc. optional
- **Optional Season** - Players can register/tryout for extended seasons in Spring/Summer.

CLUB DUES/FEES - COVID-19 ADJUSTMENTS

Age	Total	9/5	9/15	10/1	10/15	11/1	11/15	12/1	12/15	1/1	1/15	2/1
U15-U18	\$1475	\$175	\$130	\$130	\$130	\$130	\$130	\$130	\$130	\$130	\$130	\$130
U10-U14	\$1475	\$175	\$130	\$130	\$130	\$130	\$130	\$130	\$130	\$130	\$130	\$130

- When the Guidelines allow, ANY Tournament Entry Fees will be invoiced à la carte when we register the team(s).
- If a "shutdown" occurs, future payments from that point forward will be paused. Payments will resume when we are allowed to continue. Any payments during a "shutdown" will be removed from the payment plan.

UNIFORM FEES

\$125 New Player
\$55 Returning Player*

*New White LS Jersey

INCLUDED ITEMS

- 1 Practice T-Shirt

"MUST HAVE" ITEMS

- 2 Jerseys & 1 Spandex
- Molten Volleyball

OPTIONAL ITEMS

- Shoes
- Backpack
- Fleece Jacket & Joggers
- Accessories & Fan Gear



- ULTIMATELY, THE MAJOR CHANGE FOR THE SEASON IS TOURNAMENT PLAY
- ADDITIONAL TRYOUTS WILL BE HELD PRIOR TO EACH SEASON SESSION TO FILL ANY OPEN OR VACATED ROSTER SPOTS DUE TO COVID-19.
- WE ENCOURAGE PLAYERS TO BE PART OF THE FULL SEASON IF POSSIBLE

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GIRLS' PREMIER SEASON

Phase 2 Guidelines - Return To Play - Make Your Safety A Priority

SEASON SCHEDULE BASED ON ANTICIPATED LEVELS

AGE GROUPS	U10 - U18	PRACTICE DAYS	WED/FRI
STRENGTH	OPTIONAL	U10-U14 TIMES	5:30P-7:30P
RECRUITING	OPTIONAL	U15-U18 TIMES	7:45P-9:45P

REGULAR SEASON

Players accepting a position in the Premier program should be prepared to participate in the following phases of the season. We will conduct tryouts for potential new players prior to each phase to fill any open or vacated roster positions related to COVID-19.

IN-HOUSE MIXED LEAGUE

SEPTEMBER 14 - OCTOBER 18

MINIMUM LEVEL: 2

Players will be "drafted" onto mixed age teams that will practice weekly and scrimmage on the weekend. Age Divisions For League: U15-U18, U13-U14, U10-12

INCLUDED EVENTS: 4 SINGLE DAY IN-HOUSE SCRIMMAGES*

IN-HOUSE POWER LEAGUE

OCTOBER 19 - DECEMBER 6

MINIMUM LEVEL: 2

In Session 2, players will be selected to their age specific teams and will practice weekly and scrimmage on the weekends grouped by competitive level.

INCLUDED EVENTS: 3 SINGLE DAY IN-HOUSE SCRIMMAGES*

IN-STATE LEAGUE & TOURNAMENT PLAY

DECEMBER 7 - FEBRUARY 14

MINIMUM LEVEL: 3

We will prepare our teams for league play against other clubs. Teams will prepare for a season-ending event on President's Day Weekend.

TENTATIVE EVENTS: 4 LEAGUE WEEKENDS, 1 MULTI-DAY EVENT

EXTENDED

Extended Seasons will be offered to our current players with no tryout. New players to VC United can tryout prior to the Extended Season.

U10-U14 SPRING (OPTIONAL)

MARCH 1 - MAY 2

MINIMUM LEVEL: 3

Players may register/tryout for this special session designed for middle school players to extend their season for 8 weeks.

TENTATIVE EVENTS: 3 SINGLE DAY EVENTS, 1 MULTI-DAY EVENT

U15-U18 SUMMER (OPTIONAL)

MAY 3 - MID-JUNE

MINIMUM LEVEL: 3

Players may register/tryout for this special session designed for high school players to return to an extended club season for 6 weeks into mid-June.

TENTATIVE EVENTS: 3 SINGLE DAY EVENTS, 1 MULTI-DAY EVENT

*IF WE ADVANCE TO LEVEL 3 OR 4, TOURNAMENTS MAY BE ADDED IN PLACE OF THE IN-HOUSE SCRIMMAGES

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GIRLS' REGIONAL SEASON

FUNDAMENTAL PLAYER DEVELOPMENT

GIRLS' REGIONAL TEAMS ARE AN IDEAL STARTING POINT FOR MIDDLE SCHOOL AND HIGH SCHOOL PLAYERS LOOKING TO GET STARTED WITH CLUB BALL. IT IS ALSO THE PERFECT PROGRAM FOR MULTI-SPORT/MULTI-ACTIVITY ATHLETES.

At this time, we do not anticipate offering the Academy Program in Oregon due to COVID-19 related issues with facilities. We would like to recommend the Regional Program in Rockford as a suitable replacement for the Academy this season as the two programs mirror each other in structure.

WHAT'S NOT CHANGING?

- # of Practice Days (Weekly and Season)
- Technical Director Training Environment
- Professionally Trained/Experienced Coaching Staff

WHAT'S CHANGING?

- **Season Calendar** - Start in Fall and run through mid-February (until start of HS Season). Longer season by one month for 2020-2021
- **Competition Schedule** - We will play "In-House" events until allowed to play outside facility/club
- **Club Dues/Fees** - Adjusting Fees to account for uncertain schedule; a la carte tournament invoicing
- **Uniform Package** - Only requiring jerseys, spandex & ball; Shoes, backpack, warm-up, etc. optional
- **Optional Season** - Players can register/tryout for extended seasons in Spring/Summer

PROGRAM INCLUDES

- 2 Days/Week (Practice and/or Competition)
- Conventional Roster Philosophy
- Player Development Focus
- Position Training Incorporated in All Practices
- Optional Strength & Conditioning Packages
- Optional Recruiting Support Package

NEW FEATURES THIS SEASON

- Expanding to 12 Court Facility to allow for growth and meet COVID guidelines.
- Addition of livestreaming technology to allow all in-house league play to be streamed.

CLUB DUES/FEEES - COVID-19 ADJUSTMENTS

Age	Total	9/5	9/15	10/1	10/15	11/1	11/15	12/1	12/15	1/1	1/15	2/1
U15-U18	\$745	\$95	\$65	\$65	\$65	\$65	\$65	\$65	\$65	\$65	\$65	\$65
U10-U14	\$745	\$95	\$65	\$65	\$65	\$65	\$65	\$65	\$65	\$65	\$65	\$65

- When the Guidelines allow, ANY Tournament Entry Fees will be invoiced à la carte when we register the team(s).
- If a "shutdown" occurs, future payments from that point forward will be paused. Payments will resume when we are allowed to continue. Any payments during a "shutdown" will be removed from the payment plan.

UNIFORM FEES

\$75 New Player

\$0 Returning Player*

*No New Required Items

INCLUDED ITEMS

- 1 Practice T-Shirt

"MUST HAVE" ITEMS

- 1 Jersey & 1 Spandex
- Molten Volleyball

OPTIONAL ITEMS

- Shoes
- Backpack
- Fleece Jacket & Joggers
- Accessories & Fan Gear



- REGIONAL PLAYERS WILL PRACTICE ONE DAY A WEEK AND PLAY SUNDAYS DURING SESSION 1. STARTING IN SESSION 2, THEY WILL PRACTICE ON ANY SUNDAY THAT THEY ARE NOT COMPETING FOR THE REST OF THE SEASON.
- REGIONAL WILL ONLY COMPETE ON SUNDAYS DURING THE SEASON.

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GIRLS' REGIONAL SEASON

Phase 2 Guidelines - Return To Play - Make Your Safety A Priority

TENTATIVE SCHEDULE BASED ON ANTICIPATED LEVELS

AGE GROUPS	U10 - U18	U10-U14 DAYS	TUE/SUN* 5:30-7:30
STRENGTH	OPTIONAL	U15-U18 DAYS	THU/SUN* 5:30-7:30
RECRUITING	OPTIONAL	STARTING OCTOBER 25 TEAMS WILL BEGIN PRACTICING SUNDAYS 5:30P-7:30P, WHEN NOT COMPETING	

REGULAR SEASON

Players accepting a position in the Regional program should be prepared to participate in the following phases of the season. We will conduct tryouts prior to each phase to fill any open or vacated roster positions related to COVID-19.

IN-HOUSE MIXED LEAGUE

SEPTEMBER 14 - OCTOBER 18

MINIMUM LEVEL: 2

Players will be "drafted" onto mixed age teams that will practice one day/week and scrimmage on Sundays. Age Divisions For League: U15-U18, U13-U14, U10-12

INCLUDED EVENTS: 4 SINGLE DAY IN-HOUSE SCRIMMAGES*

IN-HOUSE POWER LEAGUE

OCTOBER 19 - DECEMBER 6

MINIMUM LEVEL: 2

In Session 2, players will be placed on their age specific teams and will practice weekly and scrimmage on Sundays grouped by competitive level.

INCLUDED EVENTS: 3 SINGLE DAY IN-HOUSE SCRIMMAGES*

REGIONAL TOURNAMENT PLAY

DECEMBER 7 - JANUARY 17

MINIMUM LEVEL: 3

We will prepare our teams for outside tournament play. Teams will now practice on Sundays when not competing. Season-ending event on President's Day weekend.

TENTATIVE EVENTS: 3 SINGLE DAY EVENTS AND 1 MULTI-DAY EVENT

EXTENDED

Extended Seasons will be offered to our current players with no tryout. New players to VC United can tryout prior to the Extended Season.

U10-U14 SPRING (OPTIONAL)

MARCH 1 - APRIL 18

MINIMUM LEVEL: 3

Players may register/tryout for this special session designed for middle school players to extend their season for 6 weeks.

INCLUDED EVENTS: 2 SINGLE DAY EVENTS, 1 MULTI-DAY EVENT

U15-U18 SUMMER (OPTIONAL)

MAY 3 - MID-JUNE

MINIMUM LEVEL: 3

Players may register/tryout for this special session designed for high school players to return to the club season for 6 weeks into mid-June.

INCLUDED EVENTS: 2 SINGLE DAY EVENTS, 1 MULTI-DAY EVENT

*IF WE ADVANCE TO LEVEL 3 OR 4, TOURNAMENTS MAY BE ADDED IN PLACE OF THE IN-HOUSE SCRIMMAGES

CREATED BY VC UNITED STAFF

USING RESTORE ILLINOIS (PHASE 4) AND JVA VOLLEYBALL GUIDELINES



GIRLS' ACADEMY SEASON

SATELLITE CLUB PROGRAMS

VC UNITED'S ACADEMY IS DESIGNED TO OFFER CLUB PROGRAMMING AND TRAINING FOR SMALL COMMUNITIES SURROUNDING VC UNITED WITH THE MULTI-SPORT ATHLETE IN MIND.

At this time, we **do not** anticipate offering the **Academy Program** in **Oregon**, or any other location for the 2020-21 Season. Unfortunately, due to public facility restrictions (specifically schools) created by the pandemic, it is unlikely that we will be able to secure the gym time needed in our Academy locations to ensure a consistent schedule and training experience for our athletes. We will continue to monitor the situation closely over the coming weeks with our facility contacts, but the feedback we have received to this point has not been promising.

We would like to invite all of our returning Academy players to our home base in Rockford for the upcoming season. We have several options for our Academy players. The **Regional Program** is a suitable replacement for the Academy as the two programs mirror each other in structure and price. We also offer our Premier and Elite Programs in Rockford for those players that might be considering more time on the court this season.

We are disappointed that we are in this position, but understand the circumstances of our partner facilities at this time. Given the possibility of remote learning/shut downs closing the facilities as well as the scheduling conflicts that will be created with fall contact days for high school sports, it is impossible for the administrations to guarantee the time we need to run a successful program.

We hope you will remain a part of the **VC United family** as we navigate the uncertainties surrounding the pandemic. Thank you, in advance, for your understanding and patience.

ERIC SCHULZE
EXECUTIVE DIRECTOR

CHRISTY SITZE
ACADEMY DIRECTOR



- THE BLACKHAWK CENTER IN OREGON, IL IS ASSOCIATED WITH OREGON HIGH SCHOOL AND THE SCHOOL DISTRICT.
- WE FULLY INTEND TO RE-OPEN THE ACADEMY PROGRAMS IN MULTIPLE LOCATIONS FOR THE 2021-22 SEASON.

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IN-HOUSE SCRIMMAGES

2020-21 Season - Return To Play - Making Your Safety A Priority

TENTATIVE SCHEDULE BASED ON ANTICIPATED TEAMS

THE IN-HOUSE SCRIMMAGES ARE OFFERED AS PART OF THE CLUB PROGRAMMING FOR THE 2020-21 SEASON. PLAYERS MUST TRYOUT AND BE SELECTED TO THE CLUB TO PARTICIPATE. PLEASE VISIT OUR WEBSITE FOR DETAILS REGARDING PROGRAMS FOR NON-CLUB PLAYERS.

WE MAY CROSSOVER BETWEEN PROGRAMS TO CREATE A COMPETITIVE SCHEDULE. ALL SCHEDULES SHOULD BE CONSIDERED TENTATIVE UNTIL TRYOUTS ARE COMPLETED.

VC United Staff

GIRLS' ELITE

U15-U18

SATURDAYS
8AM-11AM
2 MATCHES/DAY

U13-U14

SATURDAYS
12PM-3PM
2 MATCHES/DAY

U12

SUNDAYS
4PM-7PM
2 MATCHES/DAY

GIRLS' PREMIER

U15-U18

SUNDAYS
8AM-11AM
2 MATCHES/DAY

U13-U14

SATURDAYS
12PM-3PM
2 MATCHES/DAY

U10-U12

SUNDAYS
4PM-7PM
2 MATCHES/DAY

MIXED "LEAGUE"

4 WEEKEND DATES:

- SEPTEMBER 26 -or- 27
- OCTOBER 3-or-4
- OCTOBER 10-or-11
- OCTOBER 17-or- 18 - PLAYOFFS

POWER "LEAGUE"

3 WEEKEND DATES:

- OCTOBER 31 -or- NOVEMBER 1
- NOVEMBER 7 -or- 8
- NOVEMBER 14 -or- 15
- NOVEMBER 21 -or- 22
- DECEMBER 5 -or- 6 - PLAYOFFS

**Teams will only play 3 of the 5 weekends*

GIRLS' REGIONAL

U15-U18

SUNDAYS
12PM-3PM
2 MATCHES/DAY

U13-U14

SUNDAYS
12PM-3PM
2 MATCHES/DAY

U10-U12

SUNDAYS
4PM-7PM
2 MATCHES/DAY

FACILITY WILL OPEN 30 MINUTES PRIOR TO START TIME



- PLAYERS MAY HAVE 2 FAMILY MEMBERS ATTEND; MUST BRING OWN CHAIRS
- FACILITY WILL BE DEEP CLEANED IN BETWEEN EACH SESSION
- PLAYERS MUST LEAVE FACILITY IMMEDIATELY FOLLOWING SCRIMMAGE
- WE ARE ANTICIPATING RECORDING/LIVE STREAMING LEAGUE-PLAY

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FINANCIAL INFORMATION

2020-21 Season - Return To Play - Making Your Safety A Priority

PROCEDURAL CHANGES FOR 2020-21 SEASON

FUNRAISING PROGRAMS

BMO HARRIS BANK CENTRE

Until further notice, we are unable to offer the BMO Harris Bank Centre program until events resume in the arena. We will notify our families when the program is ready to resume.

myHUTERRA

We are no longer working with the myHuterra fundraiser due to procedural issues including inaccurate reporting and non-payment by the company. We are currently exploring alternatives to this style of fundraising and will release information when it is finalized.

OPT-IN FUNDRAISERS

We will offer opt-in fundraisers to assist families in offsetting dues/fees throughout the season. Details will be provided at the Season Kick-Off Meeting.

DISCOUNT PROGRAMS

PAID IN FULL DISCOUNT

Given the uncertainty surrounding the 2020-21 season, we are not encouraging any family to "Pay In Full" at the beginning of the season. All families, must enroll in our Payment Plans through LeagueApps. We apologize for the inconvenience.

SIBLING DISCOUNT

We will continue to offer our Sibling Discount program this season. The discount is 3% of the season dues based on the program each sibling is participating in. The amount will be applied to your FINAL payment of the season. These are the amounts for each program:

- Girls' Elite (U15-U18) - \$75
- Girls' Elite (U12-U14) - \$60
- Girls' Premier - \$45
- Girls' Regional - \$25

WE USE LEAGUEAPPS FOR ALL REGISTRATIONS AND PAYMENTS THROUGHOUT THE SEASON

CUSTOM PAYMENT PLANS

FOR THE 2020-21 SEASON, WE ARE SUSPENDING THE **CUSTOM PAYMENT PLAN** PROGRAM. GIVEN THAT THE DUES ARE SPREAD OVER THE COURSE OF THE ENTIRE SEASON, WE DO NOT BELIEVE THERE IS A NEED FOR ADDITIONAL PAYMENT PLANS. IF YOU ARE IN NEED OF ADDITIONAL OPTIONS, PLEASE CONTACT JORDAN HAVERLY AT JHAVERLY@VCUNITED.CLUB

HOW TO PAY DUES/FEES

ALL PAYMENTS ARE PROCESSED ONLINE THROUGH LEAGUEAPPS AUTO-PAY. YOU CAN CHOOSE ACH (FREE), DEBIT OR CREDIT CARD (TRANSACTION FEE APPLIED). NEW IN 2020-21, IF YOU WOULD LIKE TO CHOOSE ACH, BUT YOUR BANK IS NOT IN THE SYSTEM, YOU MUST CONTACT JORDAN HAVERLY AT JHAVERLY@VCUNITED.CLUB TO TURN OFF AUTO-PAY AND PAY BY CHECK.



THE PANDEMIC HAS CAUSED US TO MAKE MANY PROCEDURAL CHANGES IN A SHORT AMOUNT OF TIME. HOWEVER, WE WILL CONTINUE TO WORK WITH ANY FAMILY THAT WANTS TO BE A PART OF VC UNITED. PLEASE CONTACT US WITH ANY FINANCIAL QUESTIONS ABOUT THE UPCOMING SEASON.

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TRYOUT QUESTIONS

2020-21 Season - Return To Play - Making Your Safety A Priority

? SHOULD I ATTEND THE EVALUATION CAMP OR THE STANDARD TRYOUT?

We don't have a preference on our end. The advantages of the Evaluation Camp are that players can train while being evaluated and receive an "extended" evaluation. Training would included feedback from our Coaching Staff on their skills. Since we are unable to fit the Pre-Tryout/Fall Clinics into the schedule this season, this serves us both ways. The advantage to the Standard Tryout is that it is a quick 2 hour eval and you will receive an offer within 36 hours of the tryout.

? SHOULD WE ATTEND BOTH OPPORTUNITIES?

We don't recommend it. A single evaluation will be completed for each player and be used to determine what program we will offer. There is no advantage to attending both. Additionally, we would like to keep both sessions "spread out" under the current COVID Guidelines so attending both defeats that purpose.

? WHEN WILL WE FIND OUT IF WE MADE IT?

Players will be notified within 36 hours of the **Standard Tryout** date/time. That means those attending the Evaluation Camp will have to wait several days to receive their notification. We will bring the evaluation results from the camp forward to the Standard Tryouts and make selections based on the total pool of athletes from both the Evaluation Camp and Standard Tryout.

? WHAT SHOULD WE BRING?

We ask that players come "ready" to play with their gear on with the exception of shoes. Be sure to bring all of your gear including a water bottle and hand sanitizer. Players DO NOT need to bring any paperwork. All forms will be completed online. When a player arrives they will receive a bag with their T-Shirt and Bib Number. Players will be instructed to place the bib number on the shirt and put the shirt on prior to the tryout. Bags will be placed in a designated area. Players in the evaluation camp MUST keep their Bib Number.

? WILL THERE BE A TRYOUT PARENT MEETING?

We will NOT be conducting an Informational Meeting at the beginning of the tryout as we have done in the past. In fact, parents won't be allowed inside the facility due to the current COVID-19 restrictions on mass gatherings. **We will conduct a Zoom Meeting on Sunday, August 16th at 7:00pm.** Additionally, we will post information about the upcoming season on our website and our Facebook page prior to the tryout.

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COVID QUESTIONS

2020-21 Season - Return To Play - Making Your Safety A Priority

? WHAT PROCEDURES DOES VC UNITED HAVE IN PLACE TO PROTECT THE ATHLETES AND COACHES?

We have developed internal protocols using both the Restore Illinois Phase 4 Guidelines as well as the best practices outlined by JVA Volleyball, USA Volleyball and AAU Volleyball. Our procedures include wellness screen, temperature scan, social distancing rules, cleaning procedures, and best practices inside our facility (bag storage, bathrooms, etc.) for our members. The guidelines are comprehensive and available on our website at <https://www.vcunited.club>.

? ARE PLAYERS REQUIRED TO WEAR MASKS?

We ask all of our players and staff to wear face coverings when walking from their car to their court/training area each day. Once members have sanitized their hands and passed their temperature scan and wellness screen they can proceed to their area and remove their mask during practice. Players are allowed to wear a mask during practice if they choose. Once players prepare to leave the facility, we ask that they put their face covering on.

? WHAT HAPPENS IF A PLAYER/COACH TESTS POSITIVE FOR COVID?

The first step for us is to determine the timeline of the positive test. Current CDC information states that people are most contagious when symptomatic. We will ask the individual with the positive test to quarantine for a minimum of 10 days and not return to practice until symptom free (following the CDC guidelines). We will then inform the individual's team and any team they were in contact with about the positive test. If we believe that the player was symptomatic while at practice we will likely shut down any team the individual was in close contact with (inside of 6 feet, no mask, 15 minutes or longer). If the player was not symptomatic, we will ask the teams to be hyper-vigilant about symptoms, but allow them to continue if symptom-free. Additionally, any player that is quarantined will receive a dues proration for the period of time they are out. These guidelines are subject to change.

? IS IT SAFE TO PLAY VOLLEYBALL?

The debate rages on about sports every day in the media. What we know is this. Under our guidelines we conducted practices three days a week for 7 weeks in addition to 600 camp registrations this summer without a single COVID case entering or leaving our gym. We will continue to make sure we do everything within our power to make sure our gym is safe.

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SEASON QUESTIONS

2020-21 Season - Return To Play - Making Your Safety A Priority

? CAN I JOIN LATER IN THE SEASON; BEFORE ONE OF THE SESSIONS IN OCTOBER OR DECEMBER?

We will conduct tryouts for any OPEN or VACATED roster spots prior to our October, December, and May sessions. However, we cannot guarantee that a roster spot on your preferred program or team level will be available. We encourage players to participate in our full season, but will post availability along with tryout information as the season progresses. **We intend to offer alternatives to our club season and encourage people to follow our Facebook page for more information.**

? CAN I TRYOUT AND ONLY DO A PORTION OF THE SEASON?

We expect that players trying out intend to compete in the full season. Logistically it would be difficult and unfair to the individual team members to have players intentionally opting in and out of the season at their discretion. For that reason, players signing our contract will agree to the financial commitment for the season. However, we will consider releasing players from their contract due to COVID related issues on a case by case basis. **We intend to offer alternatives to our club season and encourage people to follow our Facebook page for more information.**

? WHAT DO PLAYERS FROM WISCONSIN DO?

If you are from Wisconsin and you are currently scheduled to start the season on September 8th, don't worry, you have a couple of options. First, we recommend that you tryout with our program in August/September. Those players that are selected will have a roster spot held for them regardless of their status with their high school team. Second, under WIAA rules it is legal to train with our program during your HS season. Concessions will need to be made to ensure that you are not overtraining and we will meet with each athlete individually to determine the best schedule for them. Additionally, the rule allows you to play in up to 2 competitions with the approval of your high school coach. If we have the opportunity to enter a tournament prior to your high school season ending (which isn't likely) we will discuss it at that time.

? CAN I PLAY MULTIPLE SPORTS AND PLAY CLUB?

Absolutely! In addition to the multiple program tiers designed to work with multi-sport, multi-activity players, we have adjusted our practice times later to allow for the possibility of HS sports being affected by the pandemic. We love our multi-sport players and encourage them to talk to other players that have played school sports while playing at VC United.

FINANCIAL QUESTIONS

2020-21 Season - Return To Play - Making Your Safety A Priority

? WHAT HAPPENS IF MY DAUGHTER IS ASKED TO QUARANTINE?

We are working through this plan at this time. We anticipate that a per practice proration would be determined relative to each program and credited to a player's account for future payments. Those exact figures have not been determined at this time. We will release the details as part of our 2020-21 Financial Agreement.

? WHAT HAPPENS TO OUR FEES IF THE STATE SHUTS DOWN SPORTS AGAIN?

We have built in protection for each of our families in the case that we are shutdown for any period of time. The Season Dues will be collected on the 1st and 15th of every month that we are in season. If we are shut down, all future payments will be paused immediately. Once we are allowed to resume activities, all payments that would have been collected during the shutdown are removed from your account and we will resume payments from that point forward. Under this plan, there would be no need for refunds to occur. This is a "pay as you go" plan designed specifically for COVID.

? HOW DOES THE À LA CARTE TOURNAMENT INVOICING WORK? HOW MUCH WILL WE PAY?

Under our dues plan, we have removed all portions of the dues related to tournament entry fees.

Once we are given the clearance under the Restore Illinois Guidelines to resume outside competitions, we will begin entering tournaments and paying the tournament entry fees. We will pass those costs onto the families by "invoicing" them through adding the fees to future installments on the 1st and 15th. For example, if we enter 3 teams in a 2-Day tournament that costs \$450, we will divide the entry fee by the total number of players on those rosters. In this example, the total entry fee would be \$1350. Let's assume there are 29 players total on the 3 rosters. $\$1350/29 \text{ players} = \$46.55/\text{player}$ would be charged for that tournament.

At this time, we still do not know what impacts the pandemic has had on tournament entry fees in Illinois or across the country. However, in effort to assist our families, we have prepared approximations for each program. **It is possible these fees will vary based on the number of tournaments we can enter and if entry fees increase this season due to COVID-19.**

Girls' Elite U15-U18: Approx \$500/player

Girls' Elite U12-U14: Approx \$400/player

Girls' Premier U10-U18: Approx \$275/player

Girls' Regional U10-U18: Approx \$125/player

Please note: These fees do not include any travel fees associated with out-of-state events.